

SALEM CENTRAL CAFETERIA 2019

MARCH LUNCH MENU

Menu subject to change without notice.

Milk Choices:
White: 1% & skim
Chocolate: Non fat
Lactaid Milk available

Student Prices:	Daily	Weekly
Full Pay:		
K-6	\$2.15	\$10.75
7-12	\$2.40	\$12.00
Reduced Milk	\$.25	\$1.25
	\$.55	\$2.75

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

4
Hamburger on W/G
bun
BABY CARROTS
French Fries
ASSORTED FRUIT

5
TACO TUESDAY
BLACK BEANS,, SALSA,
LETTUCE, TOMATO,
CHEESE,
ASSORTED FRUIT

6
TOASTED CHEESE SAND
TOMATO SOUP
GREEN BEANS
ASSORTED FRUIT

7
PASTA DAY!
SPAGHETTI W/ MEAT
SAUCE
GARDEN SALAD
ASSORTED FRUIT

8
CHEESE OR PEPPERONI
PIZZA
ROMAINE CAESAR
SALAD
ASSORTED FRUIT

11
POPCORN CHICKEN
STEAMED W/G RICE
CARROT COINS
ASSORTED FRUIT

12
NACHO
BEEF OR CHICKEN
REFRIED BEANS CHEESE
TOMATO, SALSASOUR
CREAM

13
BEEF STROGANOFF
GREEN BEANS
ASSORTED FRUIT

14
CHEESE OR PEPPERONI
PIZZA
ROAMINE CAESAR
SALAD
ASSORTED FRUIT

15
NO
SCHOOL
SUPRINTENDANT
CONFERENCE
DAY

18
CHICKEN NUGGETS
SEASONED PASTA
CORN
ASSORTED FRUIT

19
IRISH NACHO
(WAFFLE FRIE, SEA-
SONED BEEF, CHEESE)
BEAN SALAD
RAINBOW PUDDING
ASSORTED FRUIT

20
MOZZARELLA STICKS
ORIGINAL OR PIZZA
CRUNCHER
BREAD STICK
SAUCE BABY CARROTS
ASSORTED FRUIT

21
CHICKEN AND BISCUIT
GREEN BEANS
ASSORTED FRUIT

22
CHEESE OR PEPPERONI
PIZZA
ROMAINE CAESAR
SALAD
ASSORTED FRUIT

25
BOSCO STICKS
MARINARA SAUCE
CARROTS
ASSORTED FRUIT

26
TACO TUESDAY
CHICKEN OR BEEF
BLACK BEANS, SALSA,
CHEESE, SOUR CREAM
ASSORTED FRUIT

27
CHICKEN PARM OR
CHICKEN PATTY ON W/G
ROLL
SWEET POTATO FRIES
ASSORTED FRUIT

28
PEPPER STEAK
TENDER BEEF WITH
ONION AND PEPPERS
SERVED OVER RICE
ASSORTED FRUIT

29
CHEESE OR PEPPERONI
PIZZA
ROMAINE CAESAR
SALAD
ASSORTED FRUIT

HOT ENTRÉE
SANDWICHES MADE TO
ORDER , DAILY. SALAD
BAR AVAILABLE
PB&J AVAILABLE DAILY
FRUITS

Parents: Applications for Free or Reduced meal benefits are available on the school web page or from the food service office or the front office. Call 854-6040 , Ext. 140 or e-mail : wcarry@salemcsd.org if you need help with the application or have any questions.

