

SALEM CENTRAL CAFETERIA

FEBRUARY 2019 LUNCH

Menu subject to change without notice.

Milk Choices:
 White: 1% & skim
 Chocolate: Non fat
 Strawberry Non Fat
 Lactaid Milk available

Student Prices:	Daily	Weekly
Full Pay:		
K-8	\$2.15	\$10.75
9-12	\$2.40	\$12.00
Reduced Milk	\$.25	\$1.25
	\$.55	\$2.75

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Cheese or Pepperoni Pizza Caesar Salad Assorted Fruit
4 MAC AND CHEESE BAR BUFFALO CHICKEN , DICED HAM STEWED TOMATOES ROLL W/ MARGARINE ASSORTED FRUIT	5 TACO TUESDAY SEASONED BEEF STEAMED RICE SEASONED BLACK BEANS LETTUCE,TOMATO, ASSORTED FRUIT	6 BAKED POTATO BAR STEAMED BROCCOLI CHEESE SAUCE ,DICED HAM SOUR CREAM ASSORTED FRUIT	7 HOT DOG W/G BUN MEATSAUCE SEASONED FRIES CARROTS ASSORTED FRUIT	8 Cheese or Pepperoni Pizza Caesar Salad Assorted Fruit
11 POPCORN CHICKEN STEAMED RICE CARROTS ASSORTED FRUIT	12 AMAZING CHICKEN LO MEIN STEAMED BROCCOLI VEGETABLE EGG ROLL ASSORTED FRUIT	13 PULLED PORK SAND- WICH TANGY MAPLE BAKED BEANS, COLE SLAW ASSORTED FRUIT	14 GOULSAH GARDEN SALAD CARROTS ASSORTED FRUIT VALENTINES DAY TREAT	15 Cheese or Pepperoni Pizza Caesar Salad Assorted Fruit
18 NO SCHOOL	19 NO SCHOOL	20 NO SCHOOL	21 NO SCHOOL	22 NO SCHOOL
25 CHICKEN NUGGETS SEASONED PASTA CARROT COINS ASSORTED FRUIT	26 NACHO TUESDAY SEASONED BEEF REFRIED BEANS SALSA CHEESE SAUCE SOUR CREAM ASSORTED FRUIT	27 CHICKEN PATTY ON A W/G ROLL SWEET POTATO FRIES GREEN BEANS ASSORTED FRUIT	28 CHICKEN ALFREDO SERVED OVER PENNE PASTA STEAMED BROCCOLI ASSORTED FRUIT	

Hot Entrée listed
 (available on line #2)
 OR

Deli Sandwich
 (choice of fruit, vegetable & milk)

Garden Salad Bar
 (choice of fruit, grain & milk)

Home Made Soup
 (choice of vegetable, fruit, grain
 & milk)

Parents: Applications for Free or Reduced meal benefits are available on the school web page or from the food service office or the front office. Call 854-6040 , Ext. 140 or e-mail :
wcairy@salemcsd.org if you need help with the application or have any questions.

STUDENTS MUST TAKE ATLEAST 3 OF THE MEAL COMPONENTS OFFERED AND 1 MUST BE A FRUIT.

THIS IS REQUIRED BY USDA TO PARTICIPATE IN THE NSLP PROGRAM

