

SALEM CENTRAL CAFETERIA
JUNE 2018 BREAKFAST MENU

Menu subject to change without notice.

White: 1% & skim
 Chocolate: Non fat
 Lactaid Milk available

Student Prices:		
	Daily	Weekly
Full Pay:		
K-12	\$1.25	\$6.25
Reduced Milk	\$.25 \$.55	\$1.25 \$2.75

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
Scrambled Eggs
W/G Toast
Assorted cereal
Assorted fruit milk

Yogurt and cheese stick
 Available Daily
 A la carte items
 (available on line #1)

4
W/G BAGEL
CREAM CHEESE
W/G TOAST
ASSORTED CEREAL
ASSORTED FRUIT

5
BREAKFAST SANDWICH
W/G TOAST
ASSORTED CEREAL
ASSORTED FRUIT
MILK

6
APPLE BOSCO STICK
W/G TOAST
ASSORTED CEREAL
ASSORTED FRUIT
MILK

7
WAFFLES W/ SYRUP
AND STRAWBERRIES
W/G TOAST
ASSORTED CEREAL
ASSORTED FRUIT
MILK

8
SCRAMBLED EGGS
W/G TOAST
ASSORTED CEREAL
ASSORTED FRUIT
MILK

11
W/G BAGEL
CREAM CHEESE
W/G TOAST
ASSORTED CEREAL
ASSORTED FRUIT
MILK

12
ASSORTED MUFFIN
W/G TOAST
ASSORTED CEREAL
ASSORTED FRUIT
MILK

13
FRENCH TOAST BITES
W/G TOAST
ASSORTED CEREAL
ASSORTED FRUIT
MILK

14
PANCAKE W/ SYRUP
W/G TOAST
ASSORTED CEREAL
ASSORTED FRUIT
MILK

15
SCRAMBLED EGGS
W/G TOAST
ASSORTED CEREAL
ASSORTED FRUIT
MILK

18
W/G BAGEL
CREAM CHEESE
W/G TOAST
ASSORTED CEREAL
ASSORTED FRUIT
MILK

19
WAFFLE W/ SYRUP
W/G TOAST
ASSORTED CEREAL
ASSORTED FRUIT
MILK

20
ASSORTED MUFFIN
W/G TOAST
ASSORTED CEREAL
ASSORTED FRUIT
MILK

21
APPLE BOSCO STICK
W/G TOAST
ASSORTED CEREAL
ASSORTED FRUIT
MILK

22
SCRAMBLED EGGS
W/G TOAST
ASSORTED CEREAL
ASSORTED FRUIT
MILK

Parents: Applications for Free or Reduced meal benefits are available on the school web page or from the food service office or the front office. Call 854-6040, Ext. 140 or e-mail :
 w Cary@salemcsd.org if you need help with the application or have any questions.

Monday Tuesday Wednesday Thursday Friday

				PIZZA ROMAINE CAESAR SALAD ASSORTED FRUIT
PRETZEL NUGGETS CHEESE SAUCE SLICED CUCUMBERS BABY CARROTS ASSORTED FRUIT	GENERAL TSO'S CHICKEN STEAMED RICE FORTUNE COOKIE BROCCOLI ASSORTED FRUIT	FISH SANDWICH BBQ RIB SANDWICH VEGETARIAN BEANS ASSORTED FRUIT	GOULASH W/G ROLL GREEN BEANS ASSORTED FRUIT	PIZZA ROMAINE CAESAR SALAD ASSORTED FRUIT
HAMBURGER OR SPICY CHICKEN PATTY W/G BUN SMILEY FRIES OR ONION RINGS CARROTS ASSORTED FRUIT K-2 FIELD DAY	HOT DOGS W/G ROLL VEGETARIAN BEANS SLICED CUCUMBERS ASSORTED FRUIT 3-6 FIELD DAY	CHICKEN NUGGETS STEAMED RICE BROCCOLI ASSORTED FRUIT	MOZZARELLA STICKS MARINARA SAUCE SEASONED PASTA CARROTS ASSORTED FRUIT	PIZZA ROMAINE CAESAR SALAD ASSORTED FRUIT
TUNA BOAT CUCUMBER SLICES BABY CARROTS ASSORTED FRUIT	NACHOS SEASONED BEEF LETTUCE, TOMATO CHEESE SAUCE SALSA ASSORTED FRUIT	HAM OR TURKEY SAND. WITH PICKLE AND CHIPS ASSORTED FRUIT	NO LUNCH ½ DAY OF SCHOOL	NO LUNCH ½ DAY OF SCHOOL HAVE A NICE SUMMER



PAY FOR MEALS ONLINE

MySchoolBucks.com

STUDENT PRICING	DAILY	WEEKLY
FULL PAY:	K-8 \$2.10	\$10.50
	9-12 \$2.35	\$11.75
	REDUCED \$.25	\$1.25
	1% SKIM MILK \$.55	\$2.75

1% WHITE MILK
 SKIM MILK
 SKIM CHOCOLATE MILK
 AVAILABLE DAILY

DELI SANDWICH
 FULL SALAD BAR
 A LA CARTE ITEMS
 AVAILABLE DAILY